

# Skinnny



# Vic's

Welcome!

Thank you for choosing us today!

We are happy to serve you.

We cater to those with severe allergies,  
especially gluten & dairy.

PLEASE, if you do not have a severe  
allergy- do NOT tell us you do. Allergies  
slow down the kitchen processes.

Be patient, as our food is made with love &  
takes time but is worth the wait!

All items are prepared in small batches and  
"while supplies last".

The 1st Saturday of every month is  
"Sassy Saturdays" This is meant to be a fun  
& sarcastic day for everyone.

So, be prepared & bring your  
sense of humor!

Thank you and we appreciate you!



## Starters

**Spinach Dip** Skinny's favorite, served w/ herb buttered telera roll 12

**Boneless Wings** whole muscle chicken chunks & served w/ choice of sauce 14

**Cinnamon Roll** 5

**Flourless Chocolate Cake** gluten free 7

**Caramel Apple Cheesecake** gluten free 7

**Bacon Wrapped Cheese** this is one that Vic has been known for 15

**Candied Bacon** (6 strips) covered w/ brown sugar & pecans 14

**Fried Portabella** gluten free w/ our tomato basil & ranch for dipping 11

**Fried Oreos** deep fried goodness 7

Choice of Meats:  
Bacon, Sausage, Ham  
or Tenderloin for \$7



## Cakes or Waffles

served w/ choice of meat

**Cinnamon Roll** swirled w/ homemade cinnamon filling & topped w/ cream cheese icing 12

**Cookies & Cream** swirled w/ brownie batter (gf), topped w/ crushed Oreo's & whipped cream 14

**Lemon Blueberry** blueberries inside & on top w/ lemon cream icing 13

**Plain Stack** short 10 tall 12

## French Toast

served w/ choice of meat

**Lemon Blueberry** our blueberry bread, drizzled w/ lemon cream cheese icing & topped w/ fresh blueberries 14

**Berries & Cream** cream cheese stuffed, w/ a berry compote & fresh berries 16

**Plain Stack** short 10 tall 12

scrambled = wet  
over-easy = runny white & yolk  
over-medium = runny yolk  
over-medium well = less runny yolk  
over-hard = cracked & cooked



Vic is our solo chef most of the time. Please be patient and understand only lunch can be served after 11:30am, no breakfast items. Dishes are made with a "Vic-twist" to satisfy your palate. Trust your chef - NO modifications!

Gluten Free \$3 Split Plate \$2  
20% gratuity on parties of 6 or more  
consuming raw or undercooked food increases  
your risk for food borne illness.

## Omelet or Skillet

served w/ hash browns & toast  
upgrade to loaded hash browns

**Meat Lovers** ham, sausage, bacon, steak & cheddar jack 15

**Ultimate Veggie** peppers, onion, tomato, mushroom, avocado, spinach & cheddar jack 15

**Cheese Steak** tenderloin, green peppers, onion & mozzarella 15

**Mediterranean** mushrooms, onion, spinach, avocado & goat cheese 15 add steak 7

**Slinger** bacon, ham, sausage, peppers, onion, tomato & cheddar jack 15

**Bacon Mushroom Brie** just what it says 14

## Toast

served on 9 grain toast

**Salmon** herb cream cheese, spinach, grilled salmon, 2 eggs 13

**Portabella** garlic herb butter, sautéed portabella, melted brie, 2 eggs 11

**Cali** fresh avocado, tomato, 2 eggs 9

**Avocado Bacon** just as is 9

## Benedicts

served w/ hashbrowns

**Pork Belly**  
on maple flatbread 14

**Avocado Bacon** 15

**Traditional** 13

**Florentine**  
fresh spinach & tomato 13

**Salmon** 15

## Hash

served w/ 2 eggs & toast

**Chorizo** house made chorizo, diced potato, peppers, onion, tomato & cheddar jack 14

**Vegetable** red & sweet potato, portabella, peppers, onion, brussel sprouts & avocado 14

**Corned Beef** not from a can... large chunks of meat, red potato, onions & house made seasoning 16

**Brussel** along w/ sweet potatoes, red onion & bacon 15



Modifications drastically slow down the kitchen. This affects the amount of time it takes to get your food and the people around you. If there is an ingredient you do not like, please choose a different option.

**.NO MODIFICATIONS**

## Un-Traditional

**Burrito Bowl** homemade chorizo, peppers, tomato, onion, scrambled egg & cheddar jack, topped w/ avocado, cilantro & salsa 18

**Breakfast Tacos** homemade chorizo, scrambled egg & cheddar jack 12

**Skinny's Poutine** Vic's take on Canadian; hash browns, cheese curds, sausage gravy & 2 eggs over the top 13

**Breakfast Bowl** tenderloin steak, avocado, red onion, tomatoes & a poached egg 16

**Parfait** made w/ organic vanilla yogurt & fresh fruit topped w/ granola 9 sub Greek 2

**Acai** organic puree w/ banana & berries topped w/ coconut & granola 10

Our hash browns are fresh... & we don't use a lot of oil. Crispy hash browns are not an option.

## Traditional

### **Eggs , Meat, Potato, & Toast**

1-egg 9 2- egg 11 3-egg & 2 meat 15

**Biscuits & Gravy** peppery sausage gravy w/ 2 eggs over the top 12

**Breakfast Sandwich** choice of meat, fluffy egg, & served w/ hash browns 13

**Country Fried Chicken** smothered w/ sausage gravy, served w/ 2 eggs & a biscuit 14

During the week, breakfast will be served until 11:30. Lunch is served from 11:30 until close. We will offer the full menu on the weekends

**.NO MODIFICATIONS = EFFICIENCY**



## Dressings

Balsamic	Ranch
French	Cranberry Poppy seed
Pineapple Mango	Caesar
Bleu Cheese	Honey Mustard
Thousand Island	Creamy Herb

## Salads

Please let your server know if you would like croutons & a roll w/ your salad.

**BLTA** loads of bacon, diced tomato, avocado & crispy chicken 15

**Cilantro Steak** tenderloin steak, tomato, avocado, cilantro & red onion 17

**Honey Salmon** honey buttered salmon w/ apple, blueberry, goat cheese, pecans w/ cranberry poppy seed dressing 17

**Blackened Chicken** tomato, red onion, avocado, cilantro & pineapple 15

**Caesar** lightly grilled romaine, shaved parmesan & croutons 9

**Blackened Salmon** mango- pineapple salsa w/ avocado & cilantro 17

## Sandwiches

*served w/ house made chips*  
*ask about dips for our new chips*

**Chicken Bacon Ranch** as well as lettuce, tomato, red onion & avocado 17

**\*Cranberry Chicken Pecan** sweet chicken salad, served on your choice of bread 14

**Portabella Cap** balsamic marinated, mixed greens & choice of cheese 13

**Reuben** some have claimed the "best they've had"-you'd probably agree 18

**Salmon** herb cream cheese, spinach, tomato, avocado & red onion 18

**Gyro** made from scratch meat & tzatziki w/ cucumber, tomato & red onion 18

**Buffalo Chicken** Crispy chicken, hot sauce, bleu cheese - celery slaw, lettuce, red onion & pickle 17

**\*Blueberry Turkey** served on blueberry bread w/ blueberry mayo, goat, romaine & turkey 16

**Skinny's BLT** four slices of thick cut bacon, spinach, avocado, tomato & red onion 16 **\*Plain BLT** 13

**Cuban** maple honey roasted pork belly, ham, swiss, pickles & maple dijon mustard 17

**1/2 Sandwich & Soup or Salad Combo** (no chips) choose any of the above **\*item** & our Tomato Basil, soup of the day or Chili (seasonal) 13

## Grilled Cheeses

*served w/ house made chips*  
*ask about dips for our new chips*

**\*Adult** cheddar jack, mozzarella, swiss, w/ tomato, spinach & bacon on italian-parmesan crusted bread 15

**Turkey Bacon Brie** slices of brie layered on warm sourdough w/ garlic mayo, turkey & bacon 17

**\*Avocado** spinach dip, mozzarella, goat, spinach & avocado on herb buttered sourdough 15

## Sauces

Garlic Mayo

BBQ

Jalapeno Ranch

Mild Buffalo

Ranch

Salsa

Mustard:

spicy brown, dijon,

yellow & honey

Our burgers are served pink or no pink .  
Burgers are 8 oz short rib,  
brisket, & chuck blend  
Upgrade to colossal fries \$2  
or sweet potato fries, soup or salad for \$4

## Burgers

*served w/ house made chips*  
*ask about dips for our new chips*

**Breakfast** cheddar jack, bacon, hash brown & sunny-up egg 17

**Jalapeno** sautéed fresh jalapeno & onion, covered w/ mozzarella & jalapeno ranch 15

**Mushroom-Onion Swiss** our savory mushroom gravy makes this one the best 15

**Cheese Curd** garlic mayo, bacon bits & bacon wrapped cheese curds 17

**Skinny's Cali** lettuce, tomato, avocado, red onion, & garlic mayo 16

## Entrees

*includes soup or salad*

**Cordon Bleu** hand breaded chicken, thick sliced ham, spinach, swiss & hollandaise 16

**Shepard's Pie** Skinny's take: sausage gravy, ground beef, sautéed veggies & topped w/ hash browns 15

**Garlic Steak Bites** served w/ portabella & onions w/ fried potatoes 18

